

AEROBIC WINTER CHALLENGE 2005-2006



LIVE BIG, TRY HARD, HAVE FUN!

This Season, Live BIG!

Join the Aerobic Winter Challenge!

Form a team today! Then sign up at: <http://www.coconino.az.gov/awc> and click on **Join or Create a Team** Or contact your Worksite Coordinator:

Sponsored by the Coconino County Health Department Heartbeat Physical Activity Program and the Tobacco Use Prevention Project